

Supplementary Material 1. The Community Development Competency Scale (ComDe-Scale) for Public Health Nurses in Community General Support Centers : English version

Please choose (○) the rating closest to your thought for each statement.

| No                                                                        | Domain/Item                                                                                                                        | can<br>not<br>do<br>it | cann<br>ot do<br>it<br>very<br>well | can<br>do it<br>a<br>little | can<br>do it<br>more<br>or<br>less | can<br>do<br>it |
|---------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------------------------------------|-----------------------------|------------------------------------|-----------------|
| <b>Strategic Management for Driving Community Health</b>                  |                                                                                                                                    |                        |                                     |                             |                                    |                 |
| 1                                                                         | Proposing initiatives that enable residents' needs and community health issues to be reflected in programs and policies.           | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 2                                                                         | Share a vision for the community with residents and related stakeholders.                                                          | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 3                                                                         | Gain ideas for activities by referring to successful cases in other communities.                                                   | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 4                                                                         | Identify community strengths and health challenges through community assessments.                                                  | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 5                                                                         | Discuss with residents what can be done together to solve community health issues.                                                 | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 6                                                                         | Recognize how relevant laws, ordinances, and governmental notifications influence community activities.                            | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 7                                                                         | Determine whether individual health problems reflect broader community health issues.                                              | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 8                                                                         | Identify and foster community leaders who can serve as key persons in the community.                                               | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 9                                                                         | Identify social resources that are lacking in the community.                                                                       | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 10                                                                        | Apply national, prefectural, and municipal policies and systems to community activities.                                           | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 11                                                                        | Reflect individually on the processes and outcomes of community activities conducted as a public health nurse.                     | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 12                                                                        | Collaborate with and coordinate organizations and initiatives conducted by multiple agencies in the community.                     | 0                      | 1                                   | 2                           | 3                                  | 4               |
| <b>Empowerment for Interprofessional and Organizational Collaboration</b> |                                                                                                                                    |                        |                                     |                             |                                    |                 |
| 13                                                                        | Coordinate so that each profession within the Community General Support Center can demonstrate its professional expertise.         | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 14                                                                        | Facilitate the smooth operation of meetings involving healthcare professionals by contributing public health nursing expertise.    | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 15                                                                        | Facilitate smooth collaboration between long-term care and medical professionals.                                                  | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 16                                                                        | Engaging in practice while considering relationships with the establishing and operating bodies.                                   | 0                      | 1                                   | 2                           | 3                                  | 4               |
| <b>Community-Rooted Outreach for Building Networks</b>                    |                                                                                                                                    |                        |                                     |                             |                                    |                 |
| 17                                                                        | Identify residents in need of support through community and stakeholder networks.                                                  | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 18                                                                        | Utilize connections with community members such as welfare commissioners and neighbors to support older adults and their families. | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 19                                                                        | Build familiar and trusting relationships with residents and related stakeholders.                                                 | 0                      | 1                                   | 2                           | 3                                  | 4               |
| 20                                                                        | Support older adults and their families to achieve independence by drawing out their strengths.                                    | 0                      | 1                                   | 2                           | 3                                  | 4               |
| No. 1-20 Total                                                            |                                                                                                                                    |                        |                                     |                             |                                    | point           |

Source: Tanaka Y, Yokoyama A, Kamenno J and Tadaka E, *Development and Validation of the Community Development Competency Scale for Public Health Nurses in Community General Support Centers in Japan*.